

State of Caring 2026: Calling all Family Carers!

Your experiences matter

Family Carers Ireland wants to hear your story

Why Participate?

- 🔍 **Insightful Impact:** Your input directly influences media narratives, government submissions & policy decisions
- 🤝 **Community Strength:** Join a collective effort to advocate for the needs of family carers across Ireland
- 💡 **Empower Change:** Contribute to a stronger more inclusive representation of the caregiving community

How to Participate:

- 🌐 **Online:** find the link through our website/social media or visit: www.surveymonkey.com/r/StateOfCaring2026
- 📝 **Paper Form:** If you require a paper copy or would like some help with the survey, contact our Research Officer, Joanne Murphy: jmurphy@familycarers.ie 086 0326187

This survey includes questions about:

- You
- Person(s)
- Access to services you care for
- Time off from caring
- Loneliness & Isolation
- Health & wellbeing
- Financial circumstances

www.familycarers.ie

Freephone Careline 1800 24 07 24

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