






State of Caring 2026: Calling all Family Carers!

Your experiences matter
Family Carers Ireland wants to hear your story

Why Participate?

-  **Insightful Impact:** Your input directly influences media narratives, government submissions & policy decisions
-  **Community Strength:** Join a collective effort to advocate for the needs of family carers across Ireland
-  **Empower Change:** Contribute to a stronger more inclusive representation of the caregiving community

How to Participate:

-  **Online:** find the link through our website/social media or visit: www.surveymonkey.com/r/StateOfCaring2026
-  **Paper Form:** If you require a paper copy or would like some help with the survey, contact our Research Officer, Joanne Murphy: jmurphy@familycarers.ie 086 0326187

This survey includes questions about:

-  **You**
-  **Person(s)** you care for
-  **Access to** services
-  **Time off** from caring
-  **Loneliness & Isolation**
-  **Health & wellbeing**
-  **Financial circumstances**

www.familycarers.ie

Freephone Careline 1800 24 07 24

Search 'Carers Ireland'



SCAN ME!

