



October

Upcoming Events



Monday **Garden Group**

Mornings At the Bungalow

Tuesday **Pop-up Pantry**

Mornings 11:00am - 12:00pm

Community Food Pantry - Open to all!

Stroll For Your Soul

10.30am - Meet @ The Church Car Park

All Welcome!

Buggy Buddies

10.45am- Meeting at The Castle Bridge

Wednesday **Grow Group**

Afternoons Mental Health Peer Support Group

Womens Pilates

Wednesday 4-week programme starting on October

Evenings

5th - kathrin@trimfrc.ie for more info

Thursday **Parent Toddler Group**

Mornings Babies & Bumps will be joining up with PTG

10.45am - 11.30 in the Bungalow

Thurs

Eve &

Fri Morn

Failte Isteach

Weekly Conversational English

Classes.

10th &

24th

Parent Support Group

10th Evening Session 7.30 - 9.00pm

24th Morning Session 9:30 - 11:30am

15th

CoderDojo

Coding Club for kids - returning on

Saturday mornings from the 15th

16th &

30th

Trim Community Music

Set Dancing 3 - 4pm

Tunes and Songs 4 - 6pm

19th

Embracing Communities

Stands, speakers, launch of Strategic Plan

11am - 1pm

28th

Cula Bula Youth Group

Cula Bula will be hosting a Halloween

Party!

Register Interest For

Halloween Events for kids - Keep an eye on our social media for any announcement!

Level Up - Employability skills for young people 16 - 24 years

Rainbows - For children who have experienced a loss in their family due to Separation/Divorce or Bereavement. To sign up, email rainbows@trimfrc.ie or call 046 9433850. We are also looking for Volunteer Facilitators to join our Rainbows team.

Cula Bula - Weekly Youth Club for kids aged 8 - 12. Looking for volunteers to help run the club, contact caroline@trimfrc.ie for more info.

Piano Lessons - Contact caroline@trimfrc.ie to be added to the waiting list

You Can Do I.T! - Weekly I.T skills drop ins and workshops for beginners - contact brandon@trimfrc.ie

Young Mothers Support Group coming soon - ran by Springboard

Youth Work Ireland Peer Support Group - Contact peter@youthworkirelandmeath.ie for more info



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