

KNIT - STITCH



Intergenerational knitting initiative

PROJECT DESCRIPTION

Wool in School is an eco education business which supports sustainability and climate change, Intergenerational learning and the wider community.

Our Knit-Stitch initiative aims to bring young and older people together through this creative and mindful activity.

Knit -Stitch promotes intergenerational learning by creating new possibilities and connections through our tradition of knitting.

We aim to bring a learning opportunity which will enrich all involved encouraging understanding and respect between generations.

Knitting is a power social healer and no better way than between two people. We believe knitting gives us a powerful reminder that for us to exist we need to keep that invisible thread between us , we need each other.

We aim to strengthen this bond between older people and children with wool and magic, by knitting a beautiful bunting together representing friendship, courage, strength and most importantly knitting our lives back together.

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BENEFITS OF THE PROJECT

BENEFITS FOR OLDER PEOPLE

- Wellbeing/mental health
- Community connection
- Reducing isolation
- knowledge sharing
- Sharing transfer of skills
- Social benefits
- Building positive relationships
- Equal participation

BENEFITS FOR CHILDREN

- Wellbeing/mental health.
- Support social skills.
- Focus and attention.
- Persistence Critical thinking.
- Problem solving supporting motor skills.
- Building positive relationships share experience.
- Mutual respect.
- Lifelong learning breaking down barriers.
- Citizenship.
- Myself and others SPHE
- Project completion.
- Presentations.
- Teamwork.

“
A very special
project ,
lovely presentation
residents very into the
idea of knitting
together
”

“
A lovely
family
project
”



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COSTS OF THE PROJECT

- Double kit includes the following for two participants
- 3 colours of 25g Irish wool (total 6 colours)
- Needles , adult and child
- Cotton bag x2
- workbook x2
- cost €57
- 2 pencils



OUR ACTION PLAN

- Delivery of kits to Nursing homes/ groups in the Selected Areas.
- Kits use Irish wool from Donegal Yarns , supporting Climate Action.
- Kits available to be delivered by requested date and time frame.
- Branding of kits also available . (Logo stickers)
- Final report on the project presented to each area.

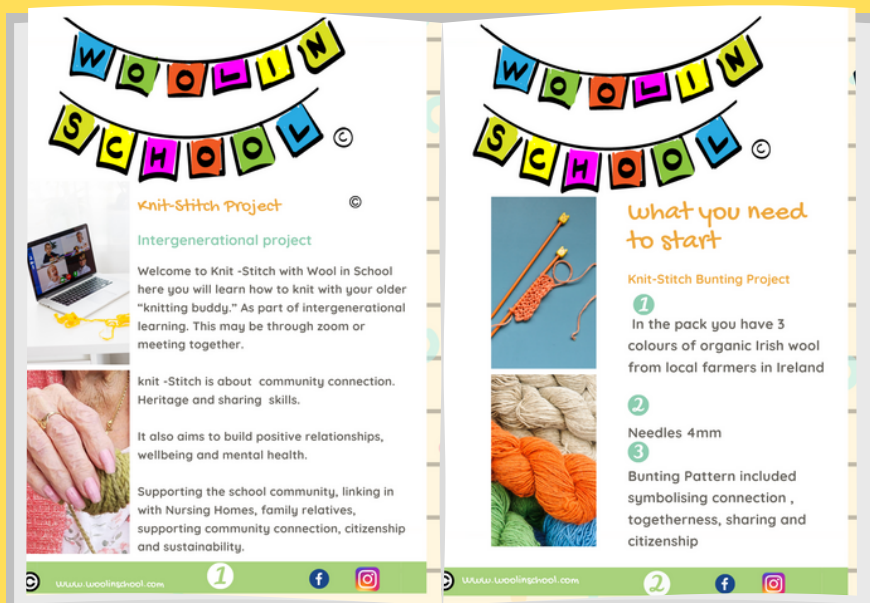
www.woolinschool.com



**WOOL IN
SCHOOL**
Wool. An Eco Fibre For The Future

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