



# Invitation to Co-production Workshop

You are invited to take part in a Louth Meath Recovery Education Co-Production workshop on

## “Recovery Education in Drogheda Department of Psychiatry”.

The aim of these co-production sessions is to produce recovery education workshops and material for delivery in acute mental health services in Drogheda.

**Please choose from one of the options below:**

**DATE**



**TIME**



**OPTION**



**Friday,  
18th June  
2021**

**10.30am  
-  
12.30pm**



**Zoom**



**Friday,  
18th June  
2021**

**2.30pm  
-  
3.30pm**



**Teleconference  
Call**



### Here is some information to help you prepare:

- You have the option of attending a Zoom session OR a telecall.
- The workshop will last for 2 hours on Zoom and 1 hour on Teleconference Call.
- There will be a mix of people with lived experience, professionals, and family members/carers.
- In co-production, everyone is an expert in their own experience. In this way, everyone is equal. There are “No labels at the table”
- Mary and Ruth will be asking some general questions and making suggestions to help the discussion, and will take notes. You can say as much or as little as you like.
- We strive for confidentiality: Your privacy is important and we ask that you please ensure the privacy of others in the same way.



**Book your place** at one of our co-production online workshops:  
<http://mlmrecovered.eventbrite.com>

or

**Contact Mary French** with any queries or to book a place:

**Email:** [mary.french1@hse.ie](mailto:mary.french1@hse.ie)

**Phone:** 086 464 3562

