



Keep Well Walking Challenge Campaign Social Calendar 10.12.20 – 31.12.20

Download all assets here

Twitter



Facebook



December 10th

Asset Type: Static Image

Post Copy:

Today @Get Ireland Walking has launched their new walking app.

There are 21 days left of 2020 so let's get together and walk into 2021, join the Keep Well Walking Challenge by downloading the Get Ireland Walking App today getirelandwalking.ie/app

#KeepWell #GetIrelandWalking #21Walks



December 15th

Asset Type: Static Image

Post Copy:

There's nothing better than catching up with a friend and heading out for a stroll in the crisp winter air.

Let's get together for the next 21 days and walk into 2021, pick a buddy and join the Keep Well Walking Challenge by downloading the Get Ireland Walking App today. getirelandwalking.ie/app

#KeepWell #GetIrelandWalking #21Walks



December 19th

Asset Type: Static image

Post Copy:

We all have tough days and the best way to clear your head is to get up, get out and get moving!

Whether you grab a buddy, pop in a podcast or head out solo just to take in the surroundings, you're bound to feel the benefits.

Download the Get Ireland Walking App and start your challenge today.
getirelandwalking.ie/app

#KeepWell #GetIrelandWalking #21Walks



December 21st

Asset Type: Static Image

Post Copy:

As we walk into day 11 we'd love to hear from you.

Have you signed up to the Keep Well Walking Challenge?

What has been your best walk of 2020.

Join in by downloading the Get Ireland Walking App today. getirelandwalking.ie/app

#KeepWell #GetIrelandWalking #21Walks



December 23rd

Asset Type: Static Image

Post Copy:

It can be hard to make the first move, but no one ever regrets a walk!

Download the Get Ireland Walking App today and join the Keep Well Walking Challenge.
getirelandwalking.ie/app

#KeepWell #GetIrelandWalking #21Walks



December 25th

Asset Type: Static Image

Post Copy:

With the weather getting that little bit on the chilly side, it can be hard to take the first step outside!

But believe us when we say, you won't regret it, especially after today's festivities!

Join in the Keep Well Walking Challenge by downloading the Get Ireland Walking App today and let's walk together into 2021.

getirelandwalking.ie/app

#KeepWell #GetIrelandWalking #21Walks



December 28th

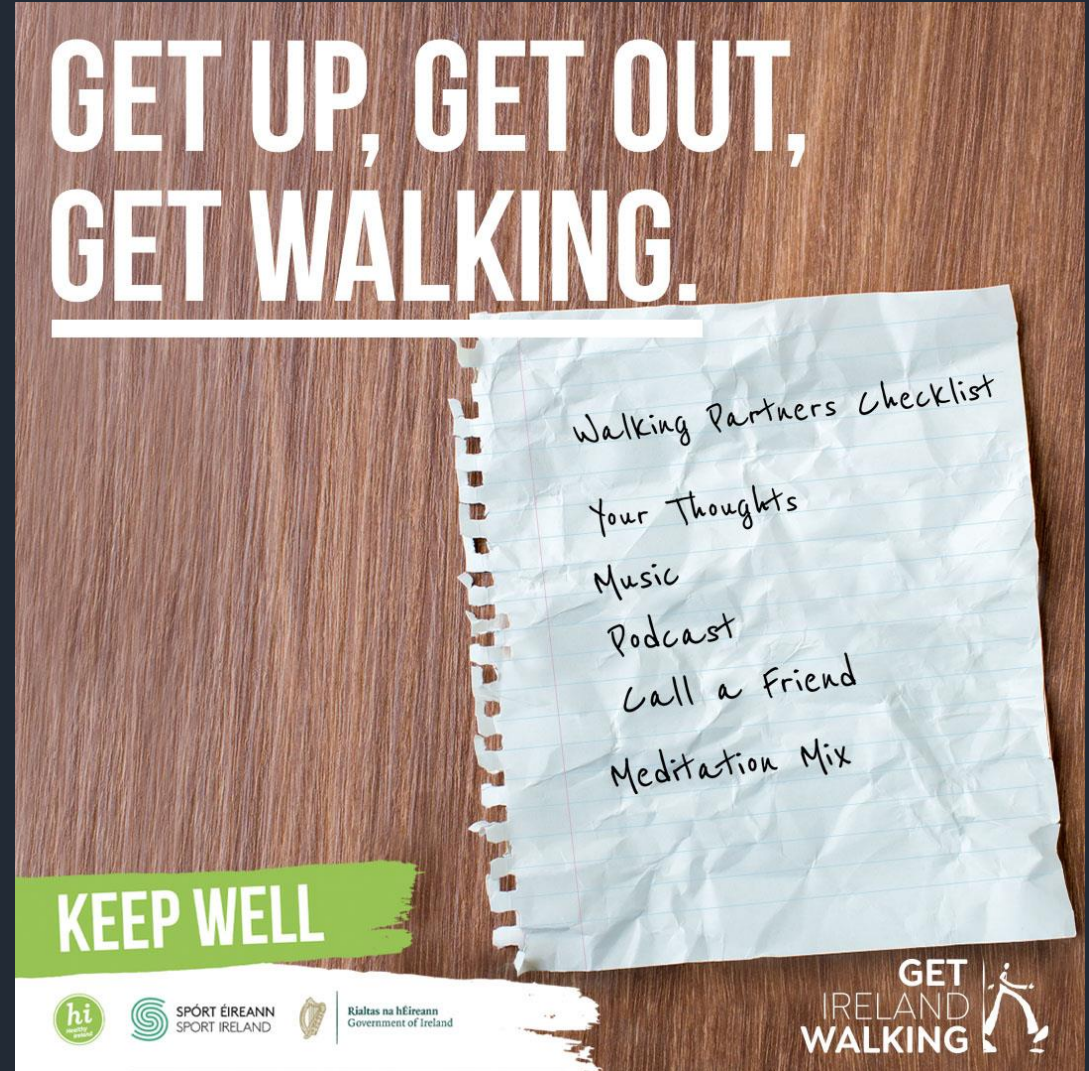
Asset Type: Static Image

Post Copy:

When you head out, what's your go to?
The latest episode of your favourite podcast
or would you rather use the time to catch up
with a friend?

Either way you can join in, by downloading
the Get Ireland Walking App today.
getirelandwalking.ie/app

#KeepWell #GetIrelandWalking #21Walks



December 30th

Asset Type: Static Image

Post Copy:

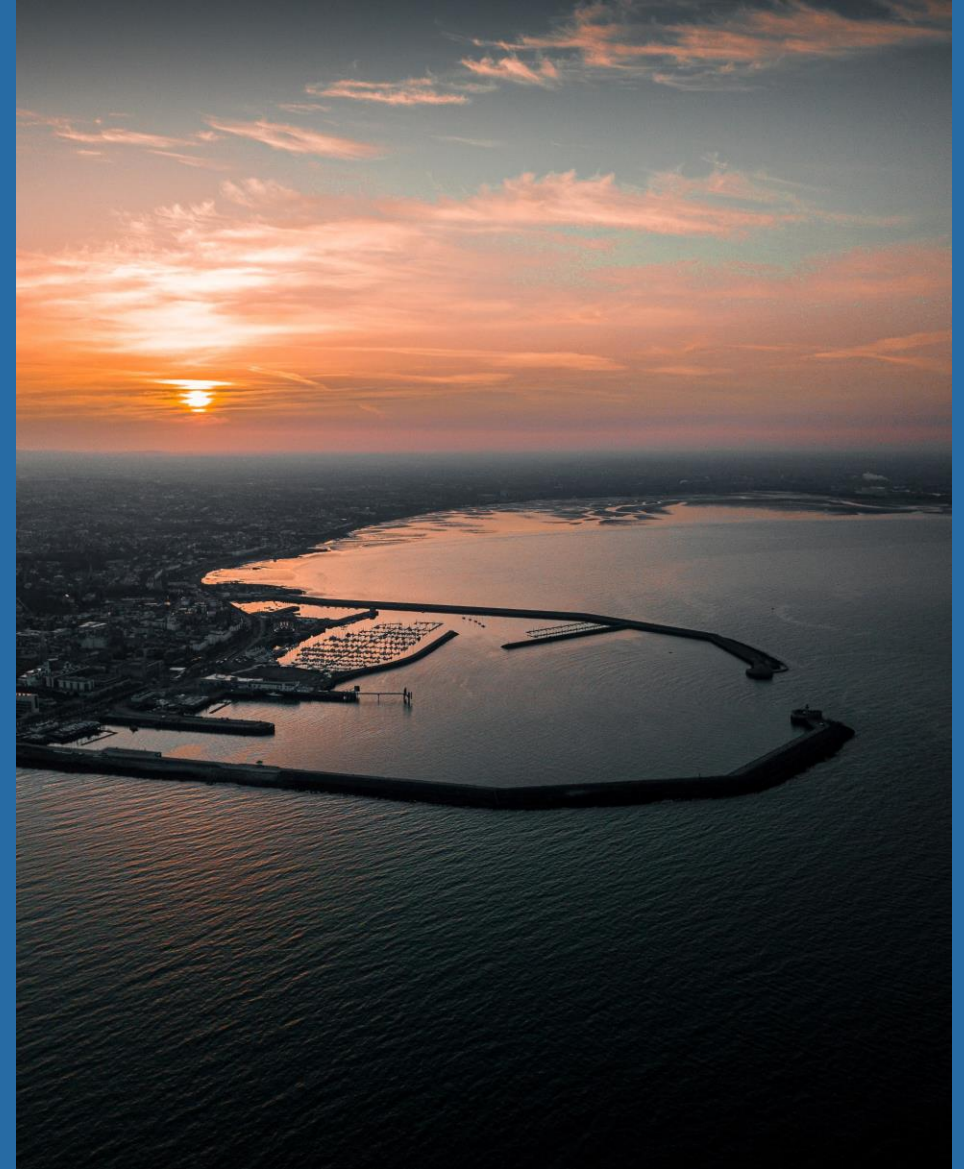
We did it! Day 20 and we're ready to walk together into 2021.

Tomorrow is our final day of the Keep Well Walking Challenge and to celebrate we would love to see some pictures of your final walk.

Take a snap and share it at 20.21 as we all get together and walk into 2021!

getirelandwalking.ie/app

#KeepWell #GetIrelandWalking #21Walks



December 31st

Asset Type: Static Image

Post Copy:

Here we are at the final walk of the year! Let's get together and walk into 2021!

Join the Keep Well Walking Challenge by downloading the Get Ireland Walking App today.

getirelandwalking.ie/app

#KeepWell #GetIrelandWalking #21Walks

GET UP, GET OUT, GET WALKING.

KEEP WELL



Riadas na hÉireann
Government of Ireland



Thank you

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Post Copy:

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