Coronavirus COVID-19 Information





Advice for people giving support

Making contact	 Contact the person to confirm your visit Phone the person when you arrive outside their home Complete hand hygiene before leaving your vehicle Ring doorbell or knock loudly and step back 2 metres Inform the person who you are, the reason for the visit and show your ID
Once you arrive	 Ask the person to move to another room Place items inside the front door If essential to enter the home follow the cocooning guidelines about handwashing and physical distance
When you leave	 Confirm time and date of next visit Reassure the person that contact and deliveries will be maintained while they remain at home Complete hand hygiene prior to returning to vehicle Telephone or email confirmation of visit and well being of person
What if the person is unwell?	 If the person reports feeling unwell ask if the person has contacted GP If the person has not contacted GP, obtain the name and number of GP and do so on their behalf If the GP can't be contacted, contact the emergency services
What if the person is frail and needs help with delivery?	 Identify location of kitchen and bring in goods/fuel Unload goods ensuring they are accessible for the person Leave the residence and step back 2 metres Reassure the person that contact and deliveries will be maintained while they remain at home
What if there is no response?	 If no reply, ring contact telephone number If no answer, contact the Local Authority for any additional contact numbers After numerous attempts to contact the person without success, contact the emergency services for further assistance Remain at the residence until the emergency services attend Contact the Local Authority with outcome and update on the person

Follow these 6 steps to prevent coronavirus



Stop shaking har

shaking hands or hugging when saying hello or greeting other people



Distance

yourself at least2 metres (6 feet) away from other people, especially those who might be unwell



Wash

your hands well and often to avoid contamination



Cover

your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue



Avoid

touching eyes, nose, or mouth with unwashed hands



Clean

and disinfect frequently touched objects and surfaces







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Advice for people who need support

DO

- **Do** remember that help and advice is only a phone-call away.
- **Do** make yourself aware of contact numbers for vital services and keep these numbers handy.
- ✓ **Do** keep in touch with neighbours.
- **Do** ask to see identification if a stranger calls to the door. If in doubt, call the organisation they claim to represent for verification.
- **Do** remember to practise physical distancing, keeping a space of two metres between you and other people.
- **Do** follow guidelines around hand washing, sneezing and coughing into your arm or a tissue.

DON'T

- **X Don't** answer the door to someone you don't know unless you feel comfortable doing so.
- **Don't** shake hands with anyone that might come to the door.
- **X Don't** let someone into your home unless you know them or it is absolutely necessary.
- **Don't** give **ANY** personal details including your bank details or your credit/debit card to anyone you don't trust whether in person or over the phone.
- **Don't** interact with other vulnerable members of your community if you have any symptoms of illness.
- **X Don't** be alarmed by **false information** on social media stick to HSE advice.

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