



PARENTS PLUS

Parenting When Separated

A practical and positive evidence-based course for parents who are preparing for, going through or have gone through a separation or divorce.




**A 6 week course taking place every Thursday
from 19th September to 23rd October**

**Venue: The Bungalow, 15 Wellington Avenue, Trim
11.00 am – 1.00pm**

**The course will be facilitated by Trim Family Resource Centre
and Kells Peoples Resource Centre**

**For more information or to reserve your place, please contact:
Maryrose Williams/Trim FRC on 087 3344735 / 046 9438850**


ParentsPlus
Empowering Professionals to Support Families

Parents Plus is an Irish charity that develops practical, evidence-based parenting and mental health programmes. We train professionals working with children and families to deliver the programmes in communities and clinical settings. Our programmes support families to communicate effectively, build satisfying relationships and overcome emotional and behavioural problems.

www.parentsplus.ie