

Information & advice for over 55s on staying healthy, feeling safe and enjoying life in your own home.

Meath Laterlife Network are hosting a FREE Roadshow Information event for over 55s with experts from the HSE, Meath County Council, an Garda Siochána, SAGE, South Meath Social Economy, GAA, Meath Sports Partnership, the Dementia Outreach Team & more!

Roundtable discussion with experts on the following:

- Health at Home
- Security at Home
 - Living at Home
 - Leaving Home

Thursday 15th June: Ashbourne Parish Centre

At 10:00am - 12.30pm

Refreshments Served!

Transport can be organised. For information email laterlifenetworkmeath@gmail.com or call Fiona on 046-9280790









