

The home Roadshow

Information & advice for over 55s
on staying healthy, feeling safe and
enjoying life in your own home.

Meath Laterlife Network are hosting **FREE Information Events** for over 55s with experts available from the HSE, Meath County Council, An Garda Síochána, SAGE, Third Age Centre, South Meath Social Economy & Meath Local Sports Partnership and more!

Round table discussions with experts on the following:

- ◆ Health & Wellbeing at **Home**
 - ◆ Security at **Home**
 - ◆ Living at **Home**
 - ◆ Leaving **Home**

Taking place in the following community venues:

- ⇒ 9th May; St Mary's Community Centre, Julianstown
- ⇒ 24th May; Summerhill Community Centre
- ⇒ 15th June; the Parish Hall, Ashbourne

From 10am to 12.30pm

To book your place call 046-9280790 or email
laterlifenetworkmeath@gmail.com

