

***Parents really need to talk to young people about alcohol and drugs***

## **Family Focus**

**A series of five, two and a half hour sessions on alcohol and drug awareness in your community**



**Steps to help keep teens safe from alcohol and drugs**

**Get new information**

**Learn new skills**

**Use practical solutions**

**Be assertive in your parenting**

**Teach your children to make healthy choices**

**Duleek Courthouse**

**Tuesday 7.30pm—10pm**

**May 9th, 16th, 23rd, 30th, June 6th**

**Phone: 087 181 2451 or 086 408 1511**

**Meath Community Drug & Alcohol Response**

Unit 1 Haggard Mews  
Trim, Co. Meath

T: 086 4081511  
E: mcdar@eircom.net



**Community Awareness of Drugs**

CHY 6742  
5 Gardiner Row, Dublin 1

T: 01-878 3656  
E: [info@cadaboutdrugs.ie](mailto:info@cadaboutdrugs.ie)  
W: [www.cadaboutdrugs.ie](http://www.cadaboutdrugs.ie)