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The newsletter provides a flavour of some of the key events taking place across this network. It’s not a definitive listing and your Age Friendly City or County will have many more events and good age-friendly ideas emerging. Tell us about them, we’d love to hear from you!  Brendan Kenny **Chair, Age Friendly Ireland Deputy Chief Executive, Dublin City Council** | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | [https://gallery.mailchimp.com/1ff2c94d5aa603f216eb3a799/images/6515eb3f-9d76-4812-93a3-a4a9802f23a5.png](http://scanmail.trustwave.com/?c=6600&d=uvy91xzj-zdYgg-9G_t3l9MmrMiugVRJWEb_df98Ag&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d1a10c6e0ad%26e%3ddea8acabc5) |  |  | | --- | | **A wonderful Video featuring Age Friendly Ardee**  **Age Friendly in practice:** Age Friendly Ardee, Ireland’s first Age Friendly Town. Take a minute to watch this short video and experience Age Friendly at work in Ardee.   [https://gallery.mailchimp.com/1ff2c94d5aa603f216eb3a799/images/b928a2b2-a5ec-4488-818b-753cf804b29a.png](http://scanmail.trustwave.com/?c=6600&d=uvy91xzj-zdYgg-9G_t3l9MmrMiugVRJWEb4d_svWA&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d2dfec67b8f%26e%3ddea8acabc5) [Clic](http://scanmail.trustwave.com/?c=6600&d=uvy91xzj-zdYgg-9G_t3l9MmrMiugVRJWEH4dqgqWw&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage1%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3dd32a52509e%26e%3ddea8acabc5)[k to download the video](http://scanmail.trustwave.com/?c=6600&d=uvy91xzj-zdYgg-9G_t3l9MmrMiugVRJWEH7J_QtAg&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3dc718d946a2%26e%3ddea8acabc5) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | [https://gallery.mailchimp.com/1ff2c94d5aa603f216eb3a799/images/1e99d96f-4367-416c-8063-96f7341505e5.png](http://scanmail.trustwave.com/?c=6600&d=uvy91xzj-zdYgg-9G_t3l9MmrMiugVRJWBD5c_hxCA&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3df7a5589d2b%26e%3ddea8acabc5) |  |  | | --- | | **‘Housing for Older People: Future Perspectives’**  As people age they spend more time in their own homes. This means that one’s quality of life and health can be influenced significantly by the appropriateness of the home environment and the conditions in which one lives. Age Friendly Ireland’s recently launched research explores and compares the housing design, assistive living technologies and social interventions employed in County Louth’s flagship independent living project, the Great Northern Haven Dundalk, with a number of good practice Irish and European housing and independent living projects. The research demonstrates how a number of practical elements can help people stay living at home for longer.  [For more information](http://scanmail.trustwave.com/?c=6600&d=uvy91xzj-zdYgg-9G_t3l9MmrMiugVRJWBX5J694Aw&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d628671c515%26e%3ddea8acabc5) [For a copy of the Executive Summary](http://scanmail.trustwave.com/?c=6600&d=uvy91xzj-zdYgg-9G_t3l9MmrMiugVRJWEL8c68rAw&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3df2cc405750%26e%3ddea8acabc5) [For a copy of the main report](http://scanmail.trustwave.com/?c=6600&d=uvy91xzj-zdYgg-9G_t3l9MmrMiugVRJWBGsevVwDw&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d5d84bd1fc4%26e%3ddea8acabc5) [For a copy of speech delivered by Eugene Cummins, Chair of the County and City Management Association, Housing Committee (CCMA)](http://scanmail.trustwave.com/?c=6600&d=uvy91xzj-zdYgg-9G_t3l9MmrMiugVRJWBasJ_4oDg&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d4980ec90ca%26e%3ddea8acabc5) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://gallery.mailchimp.com/1ff2c94d5aa603f216eb3a799/images/4ab3389d-74d3-415d-a84c-0a563b96a93a.png |  |  | | --- | | **County Cork Set to Become Age Friendly – Five Year Strategy Launched**  The Mayor of the County of Cork, Cllr John Paul O’Shea officially launched the Cork Age Friendly County Strategy earlier this month in County Hall.  The Cork Age Friendly County Strategy is a five year framework plan which sets out to make Cork a great place in which to live and grow old.    To celebrate the launch of the strategy, the documentary film ‘Older than Ireland’ was screened immediately after the launch, in the Cinemobile, which was parked outside the front of County Hall.  Director of the film, Alex Fegan provided an introduction to the film and hosted intergenerational discussions.  [*Read more . . . . . . .*](http://scanmail.trustwave.com/?c=6600&d=uvy91xzj-zdYgg-9G_t3l9MmrMiugVRJWBCsdK0sDw&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage1%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d89a211b47e%26e%3ddea8acabc5)  [*Download the Cork Age Friendly County Strategy*](http://scanmail.trustwave.com/?c=6600&d=uvy91xzj-zdYgg-9G_t3l9MmrMiugVRJWBX8IfgoXg&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d16a4b24eeb%26e%3ddea8acabc5) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://gallery.mailchimp.com/1ff2c94d5aa603f216eb3a799/images/7afcc407-5cca-4e55-a4c3-e0dbd63891cb.png |  |  | | --- | | **Cork Age Friendly City Alliance launched its 4 Year Strategy**  On Wednesday May 4th 2016, Ann Doherty, Chief Executive of Cork City Council and Chair of the Cork Age Friendly City Alliance, an interagency group of senior management from the statutory, voluntary, community and private sectors, launched the Cork Age Friendly City Strategy 2016- 2020 at a tea-party event in the Millennium Hall City Hall, Cork.  Speaking in advance of the launch, she said: “This strategy is the culmination of a detailed consultation process that has brought together the older residents of Cork and the key service providers from the statutory, voluntary, community and private sectors to identify how we can make Cork an excellent place in which to live, work, enjoy life and grow older.”  One of the key aims is to improve access to its services for older people, with agencies ensuring that all staff will deal with older people in an age appropriate manner.  [Download the Cork Age Friendly City Strategy 2016 - 2020](http://scanmail.trustwave.com/?c=6600&d=uvy91xzj-zdYgg-9G_t3l9MmrMiugVRJWBesJvV7Xw&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d11837eb34c%26e%3ddea8acabc5) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://gallery.mailchimp.com/1ff2c94d5aa603f216eb3a799/images/00cff1b9-d0cd-4f3c-9da9-f1a320dcb477.png |  |  | | --- | | **Dun Laoghaire Rathdown launch their Age Friendly Strategy**  ON the 4th May 2016 the Dun Laoghaire Rathdown Age friendly Alliance lauched their Age Friendly Strategy in County Hall. Attended by over 150 people with music provided by Dalkey Active retirement Choir it was launched by Councillor Pat Hand An Leas Cathaoirleach of Dun Laoghaire-Rathdown County Council. This great event further marked the commitment that the Age Friendly Alliance partnership has to making Dun Laoghaire-Rathdown a great county in which to grow old. There were exhibits from local service providers, including An Garda Siochana. Following on from the launch Dún Laoghaire- Rathdown County Council (DLRCC) has issued a call for funding submissions to encourage local age friendly initiatives and actions. Like the weather on the day, the future looks bright for older people in Dun Laoghaire-Rathdown  [View photos from the event](http://scanmail.trustwave.com/?c=6600&d=u_y915LdfE3q3_aVpe36M7PmE58r7pAytsc1pEwjQA&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d863e5b4b7f%26e%3ddea8acabc5) [*Dun Laoghaire Rathdown Age Friendly Strategy*](http://scanmail.trustwave.com/?c=6600&d=u_y915LdfE3q3_aVpe36M7PmE58r7pAytsNkohwiQw&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d0be05dd06f%26e%3ddea8acabc5) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://gallery.mailchimp.com/1ff2c94d5aa603f216eb3a799/images/f8a61d3c-6d94-4b86-9d6d-00caa967e1c5.png |  |  | | --- | | **Sligo and Mayo to launch their Age Friendly Strategies**  Sligo's Age Friendly Alliance will launch their Strategy on 23rd May in the Glasshouse Hotel Sligo. Sandy Kelly will officially launch the Age Friendly Strategy and this will be followed by music and a tea dance.  While Mayo plan to launch their Age Friendly Strategy on 20th June. More information and updates in our next newsletter. | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://gallery.mailchimp.com/1ff2c94d5aa603f216eb3a799/images/7f2c178a-3516-4571-85cd-58441978dcc3.png |  |  | | --- | | **Monaghan's Age Friendly Communications Guide**  Monaghan launches an Age Friendly Communications Guide; Many older people have highlighted, through consultation, the barriers, difficulties and challenges they experience when trying to access services, information or supports in their community. The booklet developed by the Monaghan Age Friendly County Programme provides a very practical guide on effective Age Friendly Communication.  [For a copy of the booklet](http://scanmail.trustwave.com/?c=6600&d=u_y915LdfE3q3_aVpe36M7PmE58r7pAytsM-pElxQg&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage1%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d3f1b470e87%26e%3ddea8acabc5) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://gallery.mailchimp.com/1ff2c94d5aa603f216eb3a799/images/3e0a9d91-08f3-4643-8aeb-8945fc63e9f3.png |  |  | | --- | | **Lord Mayor presented Good Citizen Awards to Dublin's Hidden Heroes**  An tArdmhéara Críona Ní Dhálaigh presented eight Good Citizen Awards and one Lifetime Volunteer Award at a reception in the Round at the Mansion House.  Well done to Esther McGrath who won the Age Friendly Award. Esther is from Donnybrook and she volunteers with the Beech Hill Community Group. She enjoys working with elderly people in her locality and says she was “honoured to be nominated but happy just doing the work as a volunteer. I get great pleasure out of it.”  [For a list of the winners in each of the nine categories](http://scanmail.trustwave.com/?c=6600&d=u_y915LdfE3q3_aVpe36M7PmE58r7pAytsVnqEl3Tw&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d562fa05e6b%26e%3ddea8acabc5) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://gallery.mailchimp.com/1ff2c94d5aa603f216eb3a799/images/de346a5a-791d-47c5-98f5-c3d268ac56c1.png |  |  | | --- | | **Limerick City & County Older People's Council Election**  The Limerick City and County Older People’s Council held their elections for Chair and Vice Chair with  Mary Cronin and Pat Begley being appointed following the count.   [View more photos from the event](http://scanmail.trustwave.com/?c=6600&d=u_y915LdfE3q3_aVpe36M7PmE58r7pAytssy9kx0Rw&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d0b879531b0%26e%3ddea8acabc5) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://gallery.mailchimp.com/1ff2c94d5aa603f216eb3a799/images/b7f6c477-d581-4624-a839-15e0eaf1d543.png |  |  | | --- | | **Meath held an Age Friendly Older Persons Consultation Workshop in Trim Castle Hotel**  Meath Age Friendly Alliance and Meath County Council, Community Section held an Age Friendly Older Persons consultation workshop in Trim Castle Hotel on the 27th April 2016 with over 130 delegates, aged over 55 years, from all over the county attending the event. It was a hugely successful day and once the business was completed, special guest Brush Shiels treated the crowd to some songs, great laughs and storytelling.  [View photos](http://scanmail.trustwave.com/?c=6600&d=u_y915LdfE3q3_aVpe36M7PmE58r7pAytpJl8x8gRQ&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3da6d82c82ea%26e%3ddea8acabc5) [View Press Release](http://scanmail.trustwave.com/?c=6600&d=u_y915LdfE3q3_aVpe36M7PmE58r7pAytpY0ph51EQ&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage2%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3da850160f17%26e%3ddea8acabc5) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://gallery.mailchimp.com/1ff2c94d5aa603f216eb3a799/images/06c7b004-61e2-463b-b286-d7f83f042b6b.png |  |  | | --- | | **Update on Trinity EngAGE Massive Open Online Course**  The Strategies for Successful Ageing MOOC was run from the 8th of February to the 13th of March. This course was developed through a partnership between Trinity Online Services Limited and Trinity EngAGE and hosted on the FutureLearn platform. Additional input was also provided by Age & Opportunity, Age Friendly Ireland, the Irish Museum of Modern Art and others  A total of 17,813 individuals registered for the MOOC with 10,603 viewing at least one step in the course. Of the learners who viewed at least one step, 4292 (40%) fully participated in the course. This is almost double the average of a FutureLearn course (21%). [Read the full evaluation report from the first MOOC](http://scanmail.trustwave.com/?c=6600&d=u_y915LdfE3q3_aVpe36M7PmE58r7pAytsozp0x4Qw&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d110713ffee%26e%3ddea8acabc5) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://gallery.mailchimp.com/1ff2c94d5aa603f216eb3a799/images/5bb62cde-94f0-4a87-8079-1e9bfb0366b9.png |  |  | | --- | | **Health impacts of loneliness in later life - Institute of Public Health in Ireland**  Loneliness can have a significant impact on the physical and mental health of older people and is of increasing concern for public health says a recent IPH report (8 March 2016).  The research suggests that approximately 10% of older people are affected by chronic or persistent loneliness. It also finds that loneliness amongst older people may be linked to depression, increased nursing home admission, decreased quality of life and cognitive decline. The report calls for greater targeting of these groups for services and interventions as well as calling for greater evaluation of their effectiveness and sharing of examples of best practice.   [**Access the Full report**](http://scanmail.trustwave.com/?c=6600&d=u_y915LdfE3q3_aVpe36M7PmE58r7pAytpI_9h53QQ&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d618baa9c13%26e%3ddea8acabc5)  [**Access the Summary Report**](http://scanmail.trustwave.com/?c=6600&d=u_y915LdfE3q3_aVpe36M7PmE58r7pAytpZg9EIiFA&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage1%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3db80ec1c211%26e%3ddea8acabc5) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://gallery.mailchimp.com/1ff2c94d5aa603f216eb3a799/images/ffd90073-a5c8-48d8-b806-69aa79f18e77.png |  |  | | --- | | **50 Plus Expo and SeniorTimes magazine**  The 50 Plus Expo, (formerly The Over 50’s Show) is Ireland’s only dedicated national consumer event for older people. It is designed to be an informative, educational and upbeat event for the 1.2 million people who are over 50 in Ireland. It’s ideal for people who are about to retire or already have and want to take up a new hobby or pastime, want to learn about their rights and entitlements and most importantly, keeping themselves mentally and physically active in their latter years. This year the Expo will be held in Killarney, Galway and Dublin.  [For more information and request tickets click here](http://scanmail.trustwave.com/?c=6600&d=u_y915LdfE3q3_aVpe36M7PmE58r7pAytsAwoRl5QQ&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage2%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d1a7fb126dd%26e%3ddea8acabc5) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://gallery.mailchimp.com/1ff2c94d5aa603f216eb3a799/images/af73a30a-db52-4db8-b3d1-e1f53737127b.png |  |  | | --- | | **Age Friendly Business Network**  Age Friendly Ireland are delighted to host and launch the Age Friendly Business Network. It was set up during 2015 in response to the growing levels of interest in launching the Age Friendly Business Recognition Programme nationally. The network meets quarterly and provides an opportunity for participants (primarily local authority and business chamber representatives) to share their experiences in implementing the programme – both successes and challenges – as part of a learning environment.  [Read more](http://scanmail.trustwave.com/?c=6600&d=u_y915LdfE3q3_aVpe36M7PmE58r7pAytsY3o0kiTw&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage2%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d548f7636c5%26e%3ddea8acabc5) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://gallery.mailchimp.com/1ff2c94d5aa603f216eb3a799/images/fa88e331-f204-4fe8-ba0c-311ab9d98ef6.png |  |  | | --- | | **Age Friendly Business Recognition Programme in Kinsale**  At a recent event in Acton’s Hotel, Deputy Mayor of the County of Cork, Cllr Alan Coleman presented a number of businesses with Age Friendly Charters, following training last November.  Local business owners, managers and staff in the town took part in the Age Friendly Business Recognition Programme, to look at ways businesses can cater for the needs of older people who visit or live within the community.  [Read more](http://scanmail.trustwave.com/?c=6600&d=u_y915LdfE3q3_aVpe36M7PmE58r7pAytsBjox4jRg&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d92c1e30c78%26e%3ddea8acabc5) by Kieran O'Mahony | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://gallery.mailchimp.com/1ff2c94d5aa603f216eb3a799/images/fbabd32d-431a-49ed-a2be-49a74339b0d5.png |  |  | | --- | | **Galway at the Leader & Innovations in Older Person’s Summit in Dublin Castle on 12th April, 2016**  Representing Galway Older People's Council, Joan and Ita their Poster at the Leader & Innovations in Older Person’s Summit in Dublin Castle on 12th April, 2016.   The title of the Poster is “What Quality Control is there in the Provision of Homecare for Older People.  [View Galway OPC's Poster](http://scanmail.trustwave.com/?c=6600&d=u_y915LdfE3q3_aVpe36M7PmE58r7pAytpFkqUJ5RQ&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d65074ba570%26e%3ddea8acabc5) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://gallery.mailchimp.com/1ff2c94d5aa603f216eb3a799/images/26634e7d-3cf1-4232-b031-ba8a6ad22aa2.png |  |  | | --- | | **Roscommon Older People's Council News**  Margaret Mulligan shares some updates and comments with us from Roscommon's Older People's Council.  We have had a busy year with a number of significant achievements . . . . . . .  [read more](http://scanmail.trustwave.com/?c=6600&d=u_y915LdfE3q3_aVpe36M7PmE58r7pAytsQyoUwjRA&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3dc9f690a1c2%26e%3ddea8acabc5) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  | | --- | | https://gallery.mailchimp.com/1ff2c94d5aa603f216eb3a799/images/af6a0bd9-75cd-413f-aa0a-8d9a6e31aafe.jpg | | |  | | --- | | **Follow and Like Us** If you would like to stay up to date with all things Age Friendly from Ireland and around the world, our social media handles are below: Facebook: [Age Friendly Ireland](http://scanmail.trustwave.com/?c=6600&d=u_y915LdfE3q3_aVpe36M7PmE58r7pAytsNnqUsnTg&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage1%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d0d811a6f7c%26e%3ddea8acabc5) Twitter: [@AgeFriendlyIrl](http://scanmail.trustwave.com/?c=6600&d=u_y915LdfE3q3_aVpe36M7PmE58r7pAytsIxqEMkEQ&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage%2ecom%2ftrack%2fclick%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3dcd094853a4%26e%3ddea8acabc5) | | |  |  |  | | --- | --- | | |  | | --- | |  | | | | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | Copyright © 2014 Age Friendly Ireland, All rights reserved.   **Our mailing address is:** [info@agefriendlyireland.ie](mailto:info@agefriendlyireland.ie)  [unsubscribe from this list](http://scanmail.trustwave.com/?c=6600&d=u_y915LdfE3q3_aVpe36M7PmE58r7pAytsEzpUp3FA&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage1%2ecom%2funsubscribe%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d4fd4952a76%26e%3ddea8acabc5%26c%3d0b8440fdf8)    [update subscription preferences](http://scanmail.trustwave.com/?c=6600&d=u_y915LdfE3q3_aVpe36M7PmE58r7pAytsMzpk9yQQ&s=613&u=http%3a%2f%2fagefriendlyireland%2eus8%2elist-manage1%2ecom%2fprofile%3fu%3d1ff2c94d5aa603f216eb3a799%26id%3d4fd4952a76%26e%3ddea8acabc5) | | | | | | |

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